

CHOCOLATE CANDY BAR FUNDRAISER

If you like chocolate covered almonds, Laura Secord Nut free, Chocolate Selection and Caramel Whirls, we have a deal for you...

We are currently selling chocolate bars for \$3.00 each.

All proceeds are going to help send kids to camp.

We are also looking for businesses to allow us to leave a box at their workplace to sell on behald of St. Michael's Camp. Please reach out to Tracie Bugera 306-533-8229 for all the details.

Pick up available in Regina, Saskatoon and Yorkton

DATE	Тіме	EPISTLE	CANTOR	Ushers	ORGANIST
SAT FEB 18	5:00 pm English	Tom Abrametz	Tom Abrametz	Gerry Smysnuik Lorne Semaschuk	
Sun Feb 19 Sunday of Cheese-Fare	9:00 am Ukrainian	lvan Bachynskyy	Lorne Stechyshyn	Mary Malin Steve Popowich	
	11:00 am English	Caylee Falconer	Laurie Fedorowich Ron Wizniak	Doug Falconer Rhonda Falconer	Iris Skehar
SAT FEB 25	5:00 pm English	Sr. Suzanne Kokuruds	Sr. Suzanne Kokuruds	Val Edwards Eleanor Yasinsky	
Sun Feb 26 First Sunday of Lent	9:00 am Ukrainian	Halyna Tsymbali	Lorne Stechyshyn	Mary Malin Steve Popowich	
	11:00 am English	Rose Maleschuk	Laurie Fedorowich Ron Wizniak	Curtis Maleschuk Rose Maleschuk	Iris Skehar

WE NEED YOUR HELP.. We are looking for volunteers to help with ushering duties at the weekend Divine Liturgies. Training is available if needed. Please call Gwen at 306-621-8725 for more information.

Received on Feb 5 in 73 Regular Envelopes
Received on Feb 12 in 72 Regular Envelopes\$ 1,897.00
Received in Loose Collection\$ 315.95
Received in 11 Other Envelopes\$ 180.00

CONTACT INFORMATION

Office: st.mary.yorkton@sasktel.net Web: www.saintmarysyorkton.com Pastor: lmalkov@sasktel.net Eparchy of Saskatoon: www.skeparchy.org

> **Eparchial Pastoral Council -** Pat Thompson 306-782-9425 Parish Council President - Fred Schrader 306-621-7609

Gwen Bilyk 306-782-4093 Knights of Columbus - Steve Popowich 306-783-5441 UCWLC -

Dave Spelay 306-782-5320 Cultural Centre - Eugene Maystrowich 306-782-5004 UCBC -Cultural Centre Manager - Stan Shymanski 306-782-1010 Golden Agers -Verna Moroz 306-783-6293

ST. MARY'S UKRAINIAN CATHOLIC CHURCH

Церква Матері Божої Неустанної Помочі **Our Mother of Perpetual Help**

155 Catherine Street, Yorkton, SK S3N 0B9

Vol. 60, No. 4 PARISH BULLETIN FEBRUARY 19 & 26, 2023

Christ is Among Us! He is and will be!

Христос Посеред нас! Є і буде!





The parish community of St. Mary's extends a warm Welcome - Вітаємо

to everyone who is with us today, especially all visitors. We are pleased that you have come to pray with us this Sunday. May the Lord bless You.

PASTORAL CARE OF THE UKRAINIAN REDEMPTORISTS

Fr. Leonid Malkov. CSsR - Pastor Fr. Yevhen Zadorozhnyi, CSsR - Assistant Pastor Most Rev. Peter Stasiuk, CSsR

Office Hours

Tuesday - Thursday **9:00 am - 12:00 pm** Office is in the Church Basementuse Golden Agers Entrance on North side

> Office 306-783-4594 Sick Calls - 306-229-1755

BAPTISMS & MARRIAGES* by Appointment *Please contact the pastor at least six months before the wedding date.

DIVINE LITURGY SCHEDULE

SUNDAY

Saturday 5:00 pm English Sunday 9:00 am Ukrainian English 11:00 am

HOLY DAYS

9:00 am

WEEKDAYS

8:00 am Monday - Friday 9:00 am Saturday

CONFESSIONS are available 30 minutes prior to each Divine Liturgy



Ukrainian Greek Catholic Church Sviatoslav Shevchuk Major Archbishop of Kyiv-Halych

The UGCC declares a church-wide Day of fasting, prayer and almsgiving

A day of fasting, prayer and almsgiving will be held in all Eparchies and Exarchates of the Ukrainian Greek Catholic Church throughout the world on February 24, 2023. Such an initiative was announced by His Beatitude Sviatoslav, Father and Head of the UGCC, on behalf of the Synod of Bishops.

On February 24, a year will pass since the beginning of the full-scale war that russia unleashed against Ukraine. According to the decision of the Bishops of the UGCC, the whole Church will spend this day in fasting, prayer and doing works of mercy.

On this day at 12:00 pm Kyiv time, a 12-hour prayer marathon will begin on "Live TV" (Zhyve Telebachennia), which will unite in prayer all the faithful on all continents. There are no separate prescriptions for fasting - it is about restrictions and self-discipline according to the capabilities of each believer.

"May this day be an opportunity for us to do good to someone: comfort the sad, clothe the naked, warm the frozen, feed the hungry (check this part in English Catechism Christ our Pascha-corporal deeds of mercy, at the end of the book, I don't have the one at home, or I can do it when I will be at the chancery)," explained His Beatitude Sviatoslav. speaking about the need not only to fast and pray, but also to do charity.

"On this day, let us sacrifice our spiritual efforts and our prayers for the victory of the Ukrainian people in this unequal battle, as well as for our army," urged the Head of the UGCC.

Information Department of the UGCC



St. Mary's Parish and Cultural Centre Annual Meeting SUNDAY, MARCH 26TH TIME: 2:00 PM St. MARY'S CULTURAL CENTRE

The Nominating Committee has the responsibility to propose a slate of officers and chairpersons for the various committees of the Parish Council. The following is a proposed slate of officers and chairpersons for the various committees.

Parish Council Executive

President: Doreen Rathgeber Past President: Fred Schrader

Larry German Vice-President: **Treasurer:** Dolores Harris. Gwen Bilvk

Darlene Shymanski Secretary:

Parish Council Committees

Lana Klemetski, Rhonda Falconer Children & Youth:

Communications: Vacant Education: Vacant

Finance: Kathy Rusnak

Liturgical/Spiritual: Larry German, Laurie Fedorowich, Lorne Stechyshyn

Building/Property:

Outreach: Verlee Zulvniak

Kathy Woychesko, Kathy Rusnak Parish Activities:

Virginia Serelo Stewardship:

	UPCOMING EVENTS	
March 2	Knights of Columbus Bingo	7:00 pm
March 4/11/18	All Souls Saturday	
March 5	First Solemn Holy Communion Classes begin	9:00 am
March 6	Knights of Columbus Meeting	7:00 pm
March 6	UCWLC Meeting	7:00 pm
March 12	First Solemn Holy Communion Classes	9:00 am
March 16	Divine Liturgy at Queen Elizabeth Court	2:00 pm
March 17	Divine Liturgy at the Bentley	10:30 am
March 18	Knights of Columbus Bingo	7:00 pm
March 19	First Solemn Holy Communion Classes	9:00 am
March 26	St. Mary's Parish Annual General Meeting	2:00 pm
April 9	Resurrection - Easter Sunday	
May 14	First Solemn Holy Communion	11:00 am



Safeguarding Policy

Prayer of Saint Ephrem

O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust of power and idle chatter. (Prostration)

Instead, grant to me, your servant, the spirit of wholeness of being, humble-mindedness, patience, and love. (Prostration)

O Lord and King, grant me the grace to be aware of my sins and not to judge my brother, for You are blessed forever and ever. Amen (Prostration)

SOROKOUSTY - If you wish to have your deceased family members remembered during Sorokousty on the All Souls Saturdays at Divine Liturgy, please use your yellow Sorokousty envelope and place it in the collection basket or drop it off at the Parish Office. Sorokousty is celebrated with the 9:00 am Divine Liturgy on "All Souls Saturday".

The dates for this year are: March 4, 11 & 18 and May 27.



EMAIL BULLETIN - If you would like to have the Bulletin emailed to you please send your request to: st.mary.yorkton@sasktel.net

> The Ukrainian Catholic Eparchy of Saskatoon Eparchial Safeguarding Policy: Covenant of Care, Electronic Communication and Technology & Abuse and

Misconduct Policy is a code of conduct which is designed to create safe and respectful church communities and healthy ministerial relationships, and to protect people from abuse and the harm that results. To speak to someone about a concern please contact your Pastor, Parish Coordi-

nator of Care (PCC) Deborah Larmour, Eparchial Coordinator of Care at (306)-653-0138 ext. 228; Cell: 306-222-1475 or email: safequarding@skeparchy.org More information is available on the Eparchial Website, www.skeparchy.org.



First Holy Communion is considered one of the holiest and most important occasions in a Catholic person's life. It is the first time that a person receives the Sacrament of the Holy Eucharist, which is the eating of consecrated bread and drinking of consecrated wine.

The children will also be preparing for the Sacrament of Reconciliation. This sacrament allows us to show them that God loves us and shows us mercy, and He is always ready to forgive, no matter what the wrong. It assures them that God already knows the secrets of our hearts and we can put our trust in Him.

Your child will attend First Communion on the following Sundays from 9:00 am to 12:00 pm. Please pack your child a water bottle and something to snack on during breaks. Class is from 9-11am with Divine Liturgy to follow. Your child can be picked up after church. I encourage you to attend liturgy as well to set an example for your child while they attend their Sacrament classes.

March 5, 12, 19, 26 April 2, 9, 16, 23, 30 May 7, 13, 14

The dates on the Ukrainian dance competition weekends may be rescheduled if the students cannot attend because they are competing on that Sunday. Once you get your dance schedule for the competition, please let me know if your child dances on a Sunday morning that we have class. Rescheduling a class may include making up for it on a Saturday. All the classes are in a certain order according to the liturgy that is celebrated that Sunday. All classes are mandatory to complete the program and receive your First Holy Communion. Please try to make these three months a priority and a commitment on your part. Your child will do their First Reconciliation on May 7th. We will have a rehearsal for their First Communion on May 13th, followed by a closing party.

First Holy Communion will be held on May 14th. I will send detailed instructions about this event in a separate email. Please talk to your child about the upcoming classes and the expectations and outcomes. Preparing them to receive this sacrament will be very helpful. is a link you can read to prepare. https://teachingcatholickids.com/five-ways-for-parents-to-prepare-children-for-first-holy-communion/

If your child cannot attend one of these dates due to illness or other issues, just email or text me ahead of the class day. They will have homework to catchup on at home before the next class.

Jasmine Rubletz Nagy stmarysfcprogram@gmail.com 306-621-2380

KOF C.

GREAT LENT - SCHEDULE OF SERVICES

Liturgy of the Presanctified Gifts (English) Wednesdays & Fridays - 6:00 pm

Divine Liturgy & Sorokousty (English & Ukrainian) on All Souls Saturdays - 9:00 am

Way of the Cross (English & Ukrainian) Mondays - 6:00 pm

SASKATCHEWAN K OF C VOCATIONS ENDOWMENT

The Bishops of Saskatchewan have partnered withe the Saskatchewan K of C Charitable Foundation to create the Saskatchewan K of C Vocations Endowment. Every year the earnings from this Endowment will be disbursed equally to each seminarian

throughout all Saskatchewan Dioceses and Eparchy. These funds will help defray the estimated \$30,000.00 per year it costs to educate each Seminarian.

In support of the K of C Vocation Endowment, our Knights of Columbus, Council 5182 will participate with our Parish in a **fundraising campaign** during the month of **February**.

Live presentation will be made at the church by Dave Spelay.

Brochures and envelopes will be available at the main entrance, the response in the past has been excellent by the Parishioners and we hope this continues, we need more priests.

SUNDAY OF CHEESE-FARE FIRST SUNDAY OF LENT

FEBRUARY 19, 2023 FEBRUARY 26, 2023

The theme of Sunday is always Resurrection.

We invite you to refrain from kneeling during the Divine Liturgy.

Today's special liturgical parts & readings are found on the **Tropars, Kondaks, Epistle & Gospel Readings handout available at the entrances.**

		THE NEXT TWO WEEKS AT St. MARY'S	
SUN	FEB 19	Sunday of Cheese-Fare	
		9:00 amDivine Liturgy <i>Ukrainian</i>	
		11:00 am Divine Liturgy <i>English</i>	
MON	F EВ 20	First Day of Great Lent (Fast Day)	
		6:00 pmWay of the Cross	
		7:00 pm Ukrainian Catholic Brotherhood Meeting	
WED	F EB 22	6:00 pmLiturgy of the Pre-Sanctified Gifts	
FRI	F EB 24	6:00 pmLiturgy of the Pre-Sanctified Gifts	
SAT	F EB 25	9:00 am Divine Liturgy	
		5:00 pm Divine Liturgy	
SUN	F EB 26	First Sunday of Lent - Sunday of Orthodoxy	
		9:00 amDivine Liturgy <i>Ukrainian</i>	
		11:00 am Divine Liturgy <i>English</i>	
MON	F EB 27	6:00 pmWay of the Cross	
WED	Mar 1	10:30 amDivine Liturgy at Yorkton Crossing	
		6:00 pmLiturgy of the Pre-Sanctified Gifts	
THU	Mar 2	10:00 am	
		7:00 pmKnights of Columbus Bingo	
FRI	Mar 3	6:00 pmLiturgy of the Pre-Sanctified Gifts	
SAT	Mar 4	All Souls Saturday	
"	•	9:00 amDivine Liturgy & Sorokousty	
		5:00 pmDivine Liturgy	
		5.00 pmDivine Liturgy	

DEADLINE for submissions to the bulletin **Wednesdays at 12:00 Noon.** The next bulletin will be printed for Sunday, March 5th. Please call the Parish Office in the mornings on Tuesday, Wednesday or Thursday or email your information to st.mary.yorkton@sasktel.net.

CONFESSIONS ARE AVAILABLE- There will be a priest available in the confessional 30 minutes prior to every Divine Liturgy.



ATTENTION PARISH COUNCIL MEMBERS:

Parish Council Reports for the Annual Meeting Report Book must be submitted by Monday, March 6th at the latest. Please email your report to st.mary.yorkton@sasktel.net

DIVINE LITURGY INTENTIONS FOR THE WEEK OF SUNDAY, FEBRUARY 19

0 / 00		R THE WEEK OF SUNDAY, FEBRUARY 19
Sunday of C	heese-Fare	Romans 13:11-14:4 ~ Matthew 6:14-21
MON FEB 20	heese-Fare First Day of Lent	1 Corinthians 3:18-23 ~ Luke 21:8-36
711F FED 21	Venerable Timothy	lenry & Mary MalinMorning Group Romans 8:14-21 ~ Matthew 6:1-13
TOL FEB 21	venerable filliothy	Nomans 6.14-21 ~ matthew 6.1-15
8:00 am	+Athen Gazdewich	Helen McLashen & family
WED FEB 22	Martyrs at Eugenios	Helen McLashen & family 2 Corinthians 4:13-18 ~ Mark 11:22-25
		WS 1 0/5
	Liturgy of the Pre-Sanc	
THU FEB 23	Priest Martyr Polycarp	Romans 15:30-33 ~ Matthew 7:7-11
8:00 am	+Deceased Yawney Family Me	mbersFamily
FRI FEB 24	1st & 2nd find of John the Baptist's	mbersFamily s head 2 Corinthians 4:6-15 ~ Matthew 11:2-15
	,	
	m Liturgy of the Pre-Sanc	
SAT FEB 25	Great Martyr Theodore of Tyl	re Hebrews 1:1-12 ~ Mark 2:23-3:5
9:00 am	Health & God's Blessings for C	Olga KondraAnna Gulka
5:00 pm	Health & God's Blessings for Mem	bers & FamiliesUkrainian Catholic Brotherhood
DIVINE	ITURGY INTENTIONS FO	R THE WEEK OF SUNDAY, FEBRUARY 26
		•
WION I LB ZI	Confessor Proconius	Hebrews 11:24-26;32-12:2 ~ John 1:43-51
	Confessor Procopius	Romans 15:1-7 ~ Matthew 18:10-20
8:00 am	•	Romans 15:1-7 ~ Matthew 18:10-20
8:00 am TUE FEB 28	•	
	Birthday Blessings for Robert S Confessor Basil	Romans 15:1-7 ~ Matthew 18:10-20 SlivaSliva Children Galatians 6:2-10 ~ Matthew 4:23-5:13
8:00 am	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal	Romans 15:1-7 ~ Matthew 18:10-20 SlivaSliva Children Galatians 6:2-10 ~ Matthew 4:23-5:13
8:00 am WED Mar 1	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia bm Liturgy of the Pre-Sance	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED Mar 1	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia bm Liturgy of the Pre-Sance	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2 8:00 am FRI MAR 3	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus +Melissa Fernandez-Moroz Martyr Eutropius	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2 8:00 am FRI MAR 3 6:00 p	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus +Melissa Fernandez-Moroz Martyr Eutropius om Liturgy of the Pre-Sance	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2 8:00 am FRI MAR 3 6:00 p SAT MAR 4	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia m Liturgy of the Pre-Sance Priest Martyr Theodotus +Melissa Fernandez-Moroz Martyr Eutropius m Liturgy of the Pre-Sance All Souls Saturday	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2 8:00 am FRI MAR 3 6:00 p	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus +Melissa Fernandez-Moroz Martyr Eutropius om Liturgy of the Pre-Sance	Romans 15:1-7 ~ Matthew 18:10-20 Sliva
8:00 am WED MAR 1 6:00 p THU MAR 2 8:00 am FRI MAR 3 6:00 p SAT MAR 4	Birthday Blessings for Robert S Confessor Basil +Harry Kardynal Venerable Martyr Eudoxia om Liturgy of the Pre-Sance Priest Martyr Theodotus +Melissa Fernandez-Moroz Martyr Eutropius om Liturgy of the Pre-Sance All Souls Saturday Divine Liturgy & Sorokousty	Romans 15:1-7 ~ Matthew 18:10-20 Sliva

Saint Mary's Building Fund Donations



ST. MARY'S RENOVATION PROJECT

Balance of the Fund to December 31, 2022 \$497,652.95 Thank you very much

Donations may be given anytime.

All funds collected will be used for the future renovations of our church.

Building Fund Envelopes are available at the entrances of the Church

CHURCH DONATIONS- To ensure that your donation is properly recorded and acknowledged, please mark your envelope and the memo line on your cheque **"In memory of..."** or **"On the occasion of..."**



PLEASE NOTE

THE PROPOSED CHANGES TO SUNDAY MORNING DIVINE LITURGY SCHEDULE HAVE BEEN <u>CANCELED</u>

Due to the overwhelming feedback, Fr. Leonid and Parish Council have decided to *cancel* the Sunday Morning Divine Liturgy changes. **Sunday Divine Liturgies** will remain with a **9:00 am** Ukrainian service and a **11:00 am** English service.

ALTAR BOYS & CHILDREN OF MARY



Any children or youth with their First Communion Sacrament are invited to serve as an Altar boy or Children of Mary. Text Rhonda Falconer at 306-641-5333 for more information and training.

Fasting Regulations for Great Lent

Simple Fasting requires the faithful not to consume meat, during all Fridays throughout the year, including the Holy Season of Great Lent, with certain exceptions.

Simple Fasting is recommended on Wednesdays, during the Holy Season of Great Lent for the intention of world peace, gratitude for the gift of life and for vocations to the priesthood and religious life.

Strict Fasting requires the faithful not to consume meat, eggs and dairy products. Strict Fasting occurs on the first day of Great Lent, February 20th and on Good Friday, April 7th.

The following have been given a general dispensation from fasting:

- persons who are spiritually or physically ill
- sick and convalescent
- pregnant women and nursing mothers
- those who work strenuously
- those who have reached the age of 60 years

Bishops, pastors and confessors may grant a dispensation from the fasting guidelines in case of necessity, in conformity with the spirit of our Church.

DIVINE LITURGY INTENTIONS - If you are making an offering for this service by cheque, please make your cheque payable to: Ukrainian Catholic Mission. The suggested **stipend (offering)** for a Divine Liturgy Intention is **\$20.00**. **You can find Liturgy Request Forms with envelopes at the Church Entrances.** Once you have completed the form, place it in the envelope with your stipend, seal the envelope and drop into the collection plate.

TROPARS, KONDAKS, EPISTLE & GOSPEL FOR SUNDAY, FEBRUARY 19 ~ SUNDAY OF CHEESE-FARE

Sunday Tropar, tone 4: When the disciples of the Lord learned from the angel the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* "Death has been plundered! Christ our God is risen* granting to the world great mercy."

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

Kondak of Cheese-Fare, tone 6: Guide of wisdom, giver of understanding,* teacher of the ignorant and protector of the poor,* Master, strengthen my heart and make it understand.* You give me speech, word of the Father,* for I will not keep my lips from crying out to You.* Merciful Lord, have mercy on me a sinner.

Prokimen, tone 8: Pray and give praise to the Lord our God.

Verse: God is renowned in Judah, in Israel great is his name.

Epistle: A reading from the Letter of the Holy Apostle Paul to the Romans 13:11 - 14:4

Brothers and Sisters! Our salvation is closer than when we first accepted the faith. The night is far spent; the day draws near. Let us cast off deeds of darkness and put on the armor of light. Let us live honorably as in daylight; not in carousing and drunkenness, not in sexual excess and lust, not in quarreling and jealousy. Rather, put on the Lord Jesus Christ and make no provision for the desires of the flesh. Extend a kind welcome to those who are weak in faith. Do not enter in disputes with them. A man of sound faith knows he can eat anything, while one who is weak in faith eats only vegetables. The man who will eat anything must not ridicule him who abstains from certain foods; the man who abstains must not sit in judgment on him who eats. After all, God himself has made him welcome. Who are you to pass judgment on another's servant? His master alone can judge whether he stands or falls. And stand he will, for the Lord is able to make him stand.

Alleluia Verses:

It is good to give praise to the Lord, and to sing to Your name, O Most High! To announce Your mercy in the morning and Your truth every night.

Matthew 6: 14 - 21

The Lord said: If you forgive the faults of others, your heavenly Father will forgive you yours. If you do not forgive others, neither will your Father forgive you. When you fast, you are not to look glum as the hypocrites do. They change the appearance of their faces so that others may see they are fasting. I assure you, they are already repaid. When you fast, see to it that you groom your hair and wash your face. In that way no one can see you are fasting but your Father who is hidden; and your Father who sees what is hidden will repay you. Do not lay up for yourselves an earthly treasure. Moths and rust corrode; thieves break in and steal. Make it your practice instead to store up heavenly treasure, which neither moths nor rust corrode nor thieves break in and steal. Remember, where your treasure is there your heart is also.

Communion Hymn: Praise the Lord from the heavens,* praise Him in the highest Alleluia! Alleluia! Alleluia!

TROPARS, KONDAKS, EPISTLE & GOSPEL FOR SUNDAY, FEBRUARY 26

FIRST SUNDAY OF LENT - SUNDAY OF ORTHODOXY

Sunday Tropar, tone 5: Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh,* to suffer death and to raise the dead* by His glorious resurrection.



Tropar, 1st Sunday of Lent, tone 2: We pay homage to Your undefiled image, Good Lord,* and beg pardon for our faults, Christ our God.* By Your will You chose to mount the cross in Your flesh* to free Your creatures from slavery to the enemy.* For this we gratefully cry out to You:* "By coming to save the world, our Saviour, You filled all things with joy."

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

Kondak of the 1st Sunday of Lent, tone 8: The uncircumscribed Word of the Father* became circumscribed by being enfleshed from you, Godbearer.* You brought back the stained image to its original state* by infusing it with divine beauty.* But recognizing our salvation we portray it by word and deed.

Prokimen, tone 4: Blessed are you, and praiseworthy, O Lord, the God of our fathers, and glorious forever is your name.

Verse: For you are just in all you have done.

Epistle: A reading from the Epistle to the Hebrews 11: 24 -26; 32 - 12: 2

Brothers and Sisters! By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter; he wished to be ill-treated along with God's people rather than enjoy the fleeting rewards of sin. Moses considered the reproach borne by God's Anointed greater riches than the treasures of Egypt, for he was looking to the reward. What more shall I recount? I have no time to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets, who by faith conquered kingdoms, did what was just, obtained the promises; they broke the jaws of lions, put out raging fires, escaped the devouring sword; though weak they were made powerful, became strong in battle, and turned back foreign invaders. Women received back their dead through resurrection. Others were tortured and would not receive deliverance, in order to obtain a better resurrection. Still others endured mockery, scourging, even chains and imprisonment. They were stoned, sawed in two, put to death at sword's point; they went about garbed in the skins of sheep or goats, needy, afflicted,

tormented. The world was not worthy of them. They wandered about in deserts and on mountains, they dwelt in caves and in holes of the earth. Yet despite the fact that all of these were approved because of their faith, they did not obtain what had been promised. God had made a better plan, a plan which included us. Without us, they were not to be made perfect. Therefore, since we for our part are surrounded by this cloud of witnesses, let us lay aside every encumbrance of sin which clings to us and persevere in running the race which lies ahead. Let us keep our eyes fixed on Jesus, who inspires and perfects our faith.

Alleluia Verses:

Moses and Aaron are among His priests and Samuel among those who call upon His name. They called upon the Lord, and he answered them.

Gospel: John 1: 43 - 51

At that time Jesus set out for Galilee, but first he came upon Philip. "Follow me," Jesus said to him. Now Philip was from Bethsaida, the same town as Andrew and Peter. Philip sought out Nathanael and told him, "We have found the one Moses spoke of in the law -- the prophets too -- Jesus, son of Joseph, from Nazareth." Nathanael"s response to that was, "Can anything good come from Nazareth?" and Philip replied, "Come, see for yourself." When Jesus saw Nathanael coming toward him, he remarked: "This man is a true Israelite. There is no guile in him." "How do you know me?" Nathanael asked him. "Before Philip called you," Jesus answered, "I saw you under the fig tree." "Rabbi," said Nathanael, "you are the Son of God; you are the king of Israel." Jesus responded: "Do you believe just because I told you I saw you under the fig tree? You will see much greater things than that." He went on to tell them, "I solemnly assure you, you shall see the sky opened and the angels of God ascending and descending on the Son of Man."

Instead of 'It is truly right': In you,* Lady full of grace,* all creation rejoices,* the world of angels* and the human race.* Sanctified temple, spiritual paradise,* boast of virgins,* God* took flesh from you* and became a child;* He was God* before* the ages.* He made your womb* a throne* and made it* more encompassing* than the heavens.* In you,* Lady full of grace,* all creation rejoices,* glory be to you.

Communion Hymn: Praise the Lord from the heavens, praise Him in the highest.

Alleluia! Alleluia! Alleluia!