



HAPPY FATHER'S DAY

On this Special Day, May God Grant
all "Dads" & our "Spiritual Fathers"
Many Happy Years ! Многая Літа !

WE NEED YOUR HELP.. We are looking for volunteers to help with ushering duties at the weekend Divine Liturgies. Training is available if needed. Please call Gwen at 306-621-8725 for more information.

DATE	TIME	EPISTLE	CANTOR	USHERS	ORGANIST
SAT JUNE 11	5:00 pm English	Sonia Starling	Sonia Starling	Peter Moroz	
SUN JUNE 12 <i>All Saints Sunday</i>	9:00 am Ukrainian	Sonia Popowich	Lorne Stechyshyn	Fred Schrader Sharla Schrader	
SAT JUNE 18	5:00 pm English	Sonia Starling	Sonia Starling	Vicky Ostrowercha Sharon Thompson	
SUN JUNE 19 <i>Sunday of the Holy Eucharist</i>	9:30 am Eng/Ukr	Bill Prybylski	Laurie Fedorowich Ron Wizniak	Bill Prybylski Dolores Harris	Iris Skehar

Please note - No Handicap Accessible Bathroom:

The handicap accessible bathroom is no longer functional. Please use the bathrooms located in the basement. Please use the stairs in the east entrance.

Sorry for any inconvenience this will cause. A new handicap bathroom will be built in the future.

Thank you for your patience during this transitional time.

SUNDAY	Received on 77 Regular Envelopes (May 29).....	\$ 1,637.00
COLLECTION	Received on 69 Regular Envelopes (June 5).....	\$ 2,002.00
MAY 29, 2022	Received in Loose Collection	\$ 67.00
JUNE 5, 2022	Received in 14 Other Envelopes	\$ 295.00

CONTACT INFORMATION

OFFICE: st.mary.yorkton@sasktel.net
WEB: www.saintmarysyorkton.com

PASTOR: lmalkov@sasktel.net
EPARCHY OF SASKATOON: www.skeparchy.org

Eparchial Pastoral Council - Pat Thompson 306-782-9425

Parish Council President - Fred Schrader 306-621-7609

Knights of Columbus - Steve Popowich 306-783-5441

UCBC - Dave Spelay 306-782-5320

Golden Agers - Verna Moroz 306-783-6293

UCWLC - Gwen Bilyk 306-782-4093

Cultural Centre - Eugene Maystrowich 306-782-5004

Cultural Centre Manager - Stan Shymanski 306-782-1010

ST. MARY'S UKRAINIAN CATHOLIC CHURCH

Церква Матері Божої Неустанної Помочі

Our Mother of Perpetual Help

155 Catherine Street, Yorkton, SK S3N 0B9

VOL. 59, No. 13

PARISH BULLETIN

JUNE 12 & 19, 2022

Christ is Among Us !

He is and will be !

Христос Посеред нас !

Є і буде !



The parish community of St. Mary's extends a warm

Welcome - Вітаємо

to everyone who is with us today, especially all visitors.

We are pleased that you have come to pray with us this Sunday. May the Lord bless You.

PASTORAL CARE OF THE UKRAINIAN REDEMPTORISTS

Fr. Leonid Malkov, CSsR - Pastor

Fr. Yevhen Zadorozhnyi, CSsR - Assistant Pastor

Most Rev. Peter Stasiuk, CSsR

****OFFICE HOURS****

Tuesday - Thursday **9:00 am - 12:00 pm**

**Office is in the Church Basement-
use Golden Agers Entrance on North side**

Office 306-783-4594

Sick Calls - 306-229-1755

BAPTISMS & MARRIAGES* by Appointment

***Please contact the pastor at least six
months before the wedding date.**

DIVINE LITURGY SCHEDULE

SUNDAY

Saturday	5:00 pm	English
Sunday	9:30 am	Eng/Ukr

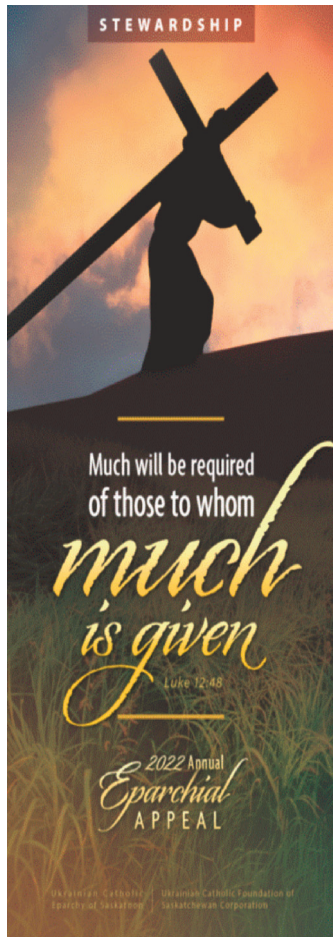
***Summer Schedule begins June 5th**

HOLY DAYS

9:00 am

WEEKDAYS

8:00 am	Monday - Friday
9:00 am	Saturday



“For much will be required of those to whom much is given” (Luke 12:48)

Today marks the close of the 2022 Annual Eparchial Appeal. Our Parish, the Eparchy & The Ukrainian Catholic Foundation of Saskatchewan want to say a HEARTFELT THANK YOU to all who have made a gift to this Annual Eparchial Appeal to support the Eparchial Ministries & Programs. Please be confidently assured that your gift will be used to support ministries and programs that were identified in the 2022 Annual Eparchial Appeal literature.

If you have not yet made your pledge/gift, there is still time to do so. We recognize that there are many worthy charitable causes that you can support. However, for sustaining our faith, there are not many that are as important or as critical as the support of our Ukrainian Catholic Church in Saskatchewan. We ask you to prayerfully, and with faith, please consider making a gift to the Appeal.

Thank you again for your generosity and for your attentiveness to our call for funds to the 2022 Annual Eparchial Appeal. May God Bless you abundantly with His Grace, Mercy, and Blessings.

A full report of the funds raised in the 2022 Annual Eparchial Appeal will be provided just as soon as the final accounting is completed.

If you have any questions or comments regarding the Eparchial Appeal or the Foundation itself, please contact the Foundation Office at 306-653-0138, ext 223.

Ukrainian Catholic Foundation of Saskatchewan

www.ucfsask.org.

email: admin@ucfsask.org



KNIGHTS OF COLUMBUS HARVEST MEATS FUNDRAISER

I sincerely thank our fellow Brothers, friends, church parishioners, and families of the Knights of Columbus for their support of our fundraiser. The support in our Community is simply amazing.

With any fundraiser, volunteers are essential. I would like to thank my parents, Stan and Annette Popowich for administrating the collection of orders, today's volunteers; Alyssa Popowich, Michael Malayney and Larry German and of course Steve Popowich for the notification call reminder to all who supported us earlier this week, Dave Spelay for sending out the emails and reminders to our members, Teresa Brischuk for the artwork on the flyer and entries in our church bulletin. A special thank you to Darren Balaberda for the use of his trailer and Stan from the Culture Centre for allowing us to store the meat in the hall refrigeration units on the night of pickup.

Also a thank you to the management and staff of Harvest Meats as they are always quite supportive of our fundraisers.

Thank you
Chairperson Jason Popowich

UPCOMING EVENTS

June 12	Grave Blessings at Yorkton Memorial Gardens	2:00 pm
June 14	Parish Council Meeting	7:00 pm
June 14-17	Clergy Retreat - No Divine Liturgies	
June 16	Divine Liturgy at Queen Elizabeth Court *Canceled	2:00 pm
June 17	Divine Liturgy at Bentley Retirement	10:30 am
June 20	Ukrainian Catholic Brotherhood Meeting	7:00 pm
June 23	Divine Liturgy at Theodore Health Centre	2:00 pm
June 24	<i>Nativity of John the Baptist</i>	
June 29	<i>Feast of Ss. Peter & Paul</i>	

YORKTON DISTRICT PARISHES

Schedule of Services in the Yorkton Pastoral District

*****Please note: this schedule is subject to change, please check regularly*****

BEAVERDALE	Sunday, August 7	10:00 am	Divine Liturgy, Praznyk & Graves
CALDER	Sunday, June 26	9:00 am	Divine Liturgy
INSINGER	Sunday, June 12	11:00 am	Divine Liturgy
STORNOWAY	Sunday, June 26	3:00 pm	Grave Blessing Only
WHITESAND	Sunday, June 19	10:00 am	Divine Liturgy & Grave Blessing
	Sunday, July 31	10:00 am	Divine Liturgy
WILLOWBROOK	Sunday, July 24	10:00 am	Divine Liturgy & Praznyk
WROXTON	Sunday, June 26	1:00 pm	Grave Blessing Only



Please continue to pray for Ukraine



ST. MARY'S PARISH PRE-AUTHORIZED GIVING PLAN (PAG)

The Pre-Authorized Giving (PAG) Program enables you to make donations to the parish on a monthly or semi-monthly basis right from your bank account. It eliminates the need of having the correct amount of cash on Sunday and/or from having to write a cheque.

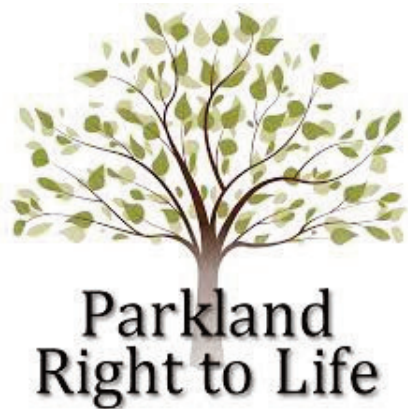
*****Holiday planning is here. Please support your parish by joining PAG*****

For more information or to enroll, please see the pamphlets at the church entrances or at the Parish Office.



The Ukrainian Catholic Eparchy of Saskatoon Eparchial Safeguarding Policy: Covenant of Care, Electronic Communication and Technology & Abuse and Misconduct Policy is a code of conduct which is designed to create safe and respectful church communities and healthy ministerial relationships, and to protect people from abuse and the harm that results.

To speak to someone about a concern please contact your Pastor, Parish Coordinator of Care (PCC) **Deborah Larmour**, Eparchial Coordinator of Care at **(306)-653-0138 ext. 228**; Cell: 306-222-1475 or email: **covenantofcare@skeparchy.org** More information is available on the Eparchial Website, **www.skeparchy.org**.



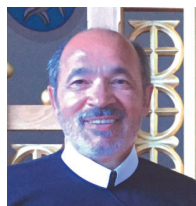
PARKLAND RIGHT TO LIFE

Invites you to a
Meet and Greet Party
in the **Yorkton City Centre Park**
(Downtown on Broadway Avenue)

Saturday, June 25th
11:00 am until 2:00 pm

Free Hot Dogs, Drinks & Chips

Come and Say "Hello"
Get to Meet Your Neighbours
Learn what we are about!



We wish to our Fr. Leonid Malkov

A Happy Anniversary of Ordination to the Priesthood
June 17, 1990

Многая Літа

May God Grant Him Many Years

Многая Літа

PLEASE REMEMBER THAT OUR CHURCH IS A SACRED SPACE...



Please refrain from speaking loudly in church.
People are praying and need silence.
Also, kindly silence your mobile devices
during Divine Liturgy.

Thank you.



Please welcome our new Archivist/Office Assistant
at the Chancery Office of the Eparchy of Saskatoon!

Marusia Kobrynsky was born in Canora, Saskatchewan, where she grew up as a member of a vibrant Ukrainian Catholic community. Marusia has served as President, Treasurer, Auditor, Vice-President, Catechist, Cantor, and Choir Director in parishes in Saskatoon and North Battleford. She is the Canadian representative on the Board of the World Union of Catholic Women's Organizations (WUCWO) where she represents both the UCWLC and CWLC. She is also President of the WUCWO Endowment Fund. Marusia has been engaged in the private practice of law for 39 years, during which time she has acted as legal counsel to the Ukrainian Catholic Eparchy of Saskatoon and numerous other non-profit organizations. She serves on the Safeguarding Committee and on the Advisory Board to the Human and Environmental Development Program in a volunteer capacity. Marusia is married to Donald MacKinnon and they have three grown children.

ALL SAINTS SUNDAY SUNDAY OF THE MOST HOLY EUCHARIST

JUNE 12, 2022
JUNE 19, 2022

The theme of Sunday is always Resurrection.
We invite you to refrain from kneeling during the Divine Liturgy.

Today's special liturgical parts & readings are found on the
Tropars, Kondaks, Epistle & Gospel Readings handout available at the entrances.

THE NEXT TWO WEEKS AT ST. MARY'S

SUN	JUNE 12	All Saints Sunday 9:30 am Divine Liturgy 2:00 pm..... Grave Blessing at Yorkton Memorial Gardens
TUE	JUNE 14	Clergy Retreat - No Divine Liturgy 7:00 pm..... Parish Council Meeting
WED	JUNE 15	Clergy Retreat - No Divine Liturgy
THU	JUNE 16	Clergy Retreat - No Divine Liturgy
FRI	JUNE 17	10:30 am..... Divine Liturgy at Bentley Retirement
SAT	JUNE 18	9:00 am Divine Liturgy 5:00 pm..... Divine Liturgy
SUN	JUNE 19	Sunday of the Holy Eucharist 9:30 am Divine Liturgy
MON	JUNE 20	7:00 pm..... Ukrainian Catholic Brotherhood Meeting
THU	JUNE 23	2:00 pm..... Divine Liturgy at Theodore Health Centre
FRI	JUNE 24	Nativity of John the Baptist 9:00 am Divine Liturgy
SAT	JUNE 25	9:00 am Divine Liturgy 5:00 pm..... Divine Liturgy

WEDDING PLANS ??- If you are planning to be married at St. Mary's or any of the Yorkton District parishes, **please contact Fr. Leonid (306-783-4594) at least six months before the wedding date.**

CHURCH DONATIONS- To ensure that your donation is properly recorded and acknowledged, please mark your envelope and the memo line on your cheque **"In memory of..."** or **"On the occasion of..."**

DEADLINE for submissions to the bulletin **Wednesdays at 12:00 Noon.** The next bulletin will be printed for Sunday, June 26th. Please call the Parish Office in the mornings on Tuesday, Wednesday or Thursday or email your information to st.mary.yorkton@sasktel.net.




EMAIL BULLETIN - If you would like to have the Bulletin emailed to you please send your request to: **st.mary.yorkton@sasktel.net**

DEEPEST SYMPATHY


We express our sympathy & prayers to the family & friends of
+ Victor Puchala and +Nathleen Matsyk who passed away recently.

Вічна Память God Grant Them Eternal Rest Вічна Память

DIVINE LITURGY INTENTIONS FOR THE WEEK OF SUNDAY, JUNE 12

Sunday of All Saints		Hebrews 11:33-12:2 ~ Matthew 10:32-33,37-38,19:27-30	
MON JUNE 13	Martyr Aquilina	Romans 2:28-3:18 ~ Matthew 6:31-43,7:9-11	
8:00 am	Health & God's Blessings for Evan & Deanna.....Don & Bernadette		
8:00 am	Health & God's Blessings for Dennis & Linda Benko....John & Vicky Ostrowercha		
TUE JUNE 14	Prophet Eliesseus	Romans 4:4-12 ~ Matthew 7:15-21	
8:00 am	Clergy Retreat - No Divine Liturgy		
WED JUNE 15	Prophet Amos	Romans 4:13-25 ~ Matthew 7:21-23	
8:00 am	Clergy Retreat - No Divine Liturgy		
THU JUNE 16	Holy Eucharist	Romans 5:10-16 ~ Matthew 8:23-27	
8:00 am	Clergy Retreat - No Divine Liturgy		
FRI JUNE 17	Martyr Manuel	Romans 5:17-6:2 ~ Matthew 9:14-17	
8:00 am	 +Eunice and +Gerald.....	Andy Mathuik	
8:00 am	+Dean.....Don & Bernadette		
SAT JUNE 18	Martyr Leontius	Romans 3:19-26 ~ Matthew 7:1-8	
9:00 am	+Clarence Protz (40 Days).....Sharon & family		
5:00 pm	Gratitude to God the Father for His Divine Graces and His gift of our spiritual leaders.....Fatima Prayer Apostolate		

DIVINE LITURGY INTENTIONS FOR THE WEEK OF SUNDAY, JUNE 19

Sunday of the Holy Eucharist		1 Corinthians 11:23-32 ~ John 6:48-54	
MON JUNE 20	Priest Martyr Methodius	Romans 7:1-13 ~ Matthew 9:36-10:8	
8:00 am	+Pauline Prystai.....Robert & Kathy Rusnak		
8:00 am	+Deceased Family Members.....Angeline & Joseph Sass		
TUE JUNE 21	Martyr Julian	Romans 7:14-8:2 ~ Matthew 10:9-15	
8:00 am	+Norman Yasinsky.....Family		
8:00 am	+Gladys Byblow.....Jeann, Olga and Sonja		
WED JUNE 22	Priest Martyr Eusebius	Romans 8:2-13 ~ Matthew 10:16-22	
8:00 am	+Victor Puchala.....Mary Malin & Ann Musey		
8:00 am	+Mary Puchala.....Eugene & Brenda Achtemichuk		
THU JUNE 23	Venerable Martyr Agrippina	Romans 8:22-27 ~ Matthew 10:23-31	
8:00 am	+Victor Fedorowich and +Lionel Fedorowich.....Laurie Fedorowich & family		
8:00 am	+George Popowich.....wife Lena		
FRI JUNE 24	Romans 13:11-14:4 ~ Luke 1:1-25;57-68;76,80		
9:00 am		Feast of the Nativity of John the Baptist	
SAT JUNE 25	The Sorrowful Mother of God.	Philippians 2:5-11 ~ John 19:25-27	
9:00 am	+Edward McLashen.....McLashen Family		
5:00 pm	Health & God's Blessings for Members & Families....Ukrainian Catholic Brotherhood		

Saint Mary's Building Fund Donations



In Memory Lionel Fedorowich

Cameron & Sandra Lock	\$ 100.00	The Musey Family	\$ 50.00
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ST. MARY'S RENOVATION PROJECT

Albert & Marty Otchenash	\$ 1,000.00	<i>In Memory Edward & Corey McLashen</i>	
Olga Sakundiak & Family	\$ 100.00	Helen McLashen & Family	\$ 500.00

In Memory Victor Puchala

Tom & Julie Abrametz	\$ 1,000.00	Doreen Rathgeber	\$ 100.00
Paul & Jeannette Hryhoriw	\$ 100.00	Marilyn Lenuik	\$ 25.00
Larry & Debra Kitchen	\$ 50.00	Gerald Smysnuik	\$ 50.00
Ben & Teresa Uhryn	\$ 50.00	Dave & Sonia Starling	\$ 50.00
Andy Mathuik	\$ 50.00	Ivan & Joan Sakundiak	\$ 50.00
John & Vicky Ostrowercha	\$ 30.00	Orest & Elizabeth Zahayko	\$ 30.00
Larry & Sandra German	\$ 25.00	Robert & Kathy Rusnak	\$ 25.00
Doreen Pohorelic	\$ 25.00	Bill & Elizabeth Shumay	\$ 25.00
Richard & Verlee Zulyniak	\$ 25.00	Curtis & Rose Maleschuk	\$ 25.00
Bill Maduck	\$ 25.00	Steve & Sonia Popowich	\$ 25.00
Nestor Mykytyshyn	\$ 25.00	Tony & Edna Mazur	\$ 25.00
Peter & Verna Moroz	\$ 20.00	Virginia Serelo	\$ 20.00
Sylvia Gazdewich	\$ 20.00	Stan & Annette Popowich	\$ 20.00
Bill & Sylvia Krywulak	\$ 20.00	Ed & Donna Lischynski	\$ 20.00
Ed & Lorna Greene	\$ 20.00	Matt Novak	\$ 20.00
Albert & Marty Otchenash	\$ 20.00	Jerry & Toni Gromnisky	\$ 20.00
Mike Smud	\$ 20.00	Athen & Emily Gazdewich	\$ 20.00
Leo Lukash	\$ 20.00	Bill Prybylski	\$ 20.00
Glen Tymiak	\$ 10.00	Eleanor Shumay	\$ 10.00
Terry & Vicki Chaikowsky	\$ 20.00		

Balance of the Fund to date: \$532,423.00 Thank you very much

Donations may be given anytime.

All funds collected will be used for the future renovations of our church.
Building Fund Envelopes are available at the entrances of the Church

ST. MARY'S CHURCH DONATIONS

Donation to Aid in Ukraine

In Memory Lionel Fedorowich

Cameron & Sandra Lock	\$ 100.00	Vincent & Linda Ziglo	\$ 50.00
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Thank you for your donations!

DIVINE LITURGY INTENTIONS - If you are making an offering for this service by cheque, please make your cheque payable to: Ukrainian Catholic Mission. The suggested **stipend (offering)** for a Divine Liturgy Intention is **\$20.00**.

You can find Liturgy Request Forms with envelopes at the Church Entrances.

Once you have completed the form, place it in the envelope with your stipend,
seal the envelope and drop into the collection plate.

TROPARS, KONDAKS, EPISTLE & GOSPEL FOR SUNDAY, JUNE 12

SUNDAY OF ALL SAINTS



Tropar, tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Tropar of the Saints, tone 4: Your Church throughout the world, O Lord* is clothed with the blood of your martyrs as with fine linens and purple robes;* and so the Church cries out to You, O Christ our God:* “Send down your goodness upon your people;* grant peace to your Church and great mercy to our souls.”

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

Kondak of the Saints, tone 8: To You, O Lord, Author of all creation,* the universe offers the God-bearing martyrs as the first-fruit of nature.* Through their prayers and the intercession of the Mother of God* preserve your Church, your dwelling place, in perfect peace,* O most merciful One.

Prokimen, tone 8: Pray and give praise to the Lord our God.

Verse: God is renowned in Judah, in Israel great is his name.

Epistle: A reading from the Epistle to the Hebrews. (11: 33 - 12: 2)

Brothers and Sisters! All who by faith conquered kingdoms, did what was just, obtained the promises; they broke the jaws of lions, put out raging fires, escaped the devouring sword; though weak they were made powerful, became strong in battle, and turned back foreign invaders. Women received back their dead through resurrection. Others were tortured and would not receive deliverance, in order to obtain a better resurrection. Still others endured mockery, scourging, even chains and imprisonment. They were stoned, sawed in two, put to death at sword's point; they went about garbed in the skins of sheep or goats, needy, afflicted, tormented. The world was not worthy of them. They wandered about in deserts and on mountains, they dwelt in caves and in holes of the earth. Yet despite the fact that all of these were approved because of their faith, they did not obtain what had been promised. God had made a better plan, a plan which included us. Without us, they were not to be made perfect. Therefore, since we for our part are surrounded by this cloud of witnesses, let us lay aside every encumbrance of sin which clings to us and persevere in running the race which lies ahead; let us keep our eyes fixed on Jesus, who inspires and perfects our faith.

Alleluia Verses: *When the just cry out, the Lord hears them.*

Many are the troubles of just man, but out of them all the Lord delivers them.

Gospel: Matthew 10: 32 - 33, 37 - 38, 19: 27 - 30

The Lord said to his disciples: “Whoever acknowledges me before men I will acknowledge before my Father in heaven. Whoever disowns me before men I will disown before my Father in heaven. Whoever loves father or mother, son or daughter, more than me is not worthy of me. He who will not take up his cross and come after me is not worthy of me.” Then it was Peter’s turn to say to him: “Here we have put everything aside to follow you. What can we expect from it?” Jesus said to them, “I give you my solemn word, in the new age when the Son of Man takes his seat upon a throne befitting his glory, you who have followed me shall likewise take your places on twelve thrones to judge the twelve tribes of Israel. Moreover, everyone who has given up home, brothers or sisters, father or mother, wife or children or property for my sake will receive many times as much and inherit everlasting life. Many who are first shall come last, and the last shall come first.”

Communion Hymn: The Light of Your face, O Lord, is raised over us.

Exult, you just, in the Lord; praise from the upright is fitting.

Alleluia! Alleluia! Alleluia!

TROPARS, KONDAKS, EPISTLE & GOSPEL FOR SUNDAY, JUNE 19
SUNDAY OF THE MOST HOLY EUCHARIST



First Antiphon: The Lord is my shepherd, I shall not want. In verdant pastures he gives me repose.

Through the prayers of the Mother of God, O Savior, save us.

Even though I walk in the dark valley I fear no evil; for you are at my side.

Through the prayers of the Mother of God, O Savior, save us.

You spread the table before me in the sight of my foes.

Through the prayers of the Mother of God, O Savior, save us.

Glory be . . . now and forever . . . : Only Begotten Son

Third Antiphon: When I call, answer me, O my just God.

Tropar, tone 4: *Your memorial sacrifice, Christ our God,* became a festive day for the world.* For fishermen were taught by you* to offer you the unbloody sacrifice with bread and wine,* to recall your divine memorial act* which we celebrate; proclaiming:* O Lord, glory be to you.*

Offer just sacrifices, and trust in the Lord.

Your memorial sacrifice.....

You put gladness into my heart, more than when grain and wine abound.

Your memorial sacrifice.....

At the Little Entrance: I will offer you a sacrifice of praise; I will call upon the name of the Lord.

Your memorial sacrifice.....

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen!

Kondak, tone 4: : Behold, Christ becomes present as food for all.* Come let us prostrate ourselves in worship of Christ, our God,* hidden in these Mysteries* and let us cry out in humility.* “Lord, do not destroy us sinners by fire when we communicate,* but burn our sins and purify our souls.

Prokimen, tone 8:

I will feed them with the best of wheat, and with honey from the rock I will fill them.

Verse: *Sing joyfully to God our strength.*

Epistle: A reading from the First Letter of the Holy Apostle Paul to the Corinthians. (11: 23 - 32)

Brothers and Sisters: I received from the Lord what I handed on to you, namely, that the Lord Jesus on the night in which he was betrayed took bread, and after he had given thanks, broke it and said, “This is my body, which is for you. Do this in remembrance of me.” In the same way, after the supper, he took the cup, saying, “This cup is the new covenant in my blood. Do this whenever you drink it, in remembrance of me.” Every time, then, you eat this bread and drink this cup, you proclaim the death of the Lord until he comes! This means that whoever eats the bread or drinks the cup of the Lord unworthily sins against the body and blood of the Lord. A man should examine himself first; only then should he eat of the bread and drink of the cup. He who eats and drinks without recognizing the body eats and drinks a judgment on himself. That is why many among you are sick and infirm, and why so many are dying. If we were to examine ourselves, we would not be falling under judgment in this way; but since it is the Lord who judges us, he chastens us to keep us from being condemned with the rest of the world.

Alleluia Verses: *The eyes of all look hopefully to you, and you give them their food in due season. You open your hand and satisfy the desire of every living thing.*

Gospel: John 6: 48 - 54

The Lord said: “I am the bread of life. Your ancestors ate manna in the desert, but they died. This is the bread that comes down from heaven for a man to eat and never die. I myself am the living bread come down from heaven. If anyone eats this bread he shall live forever; the bread I will give is my flesh, for the life of the world.” At this the Jews quarreled among themselves, saying, “How can he give us his flesh to eat?” Thereupon Jesus said to them: “Let me solemnly assure you, if you do not eat the flesh of the Son of Man and drink his blood, you have no life in you. He who feeds on my flesh and drinks my blood has life eternal, and I will raise him on the last day.”

Instead of ‘It is truly right’: My soul, extol the Lord,* who gave his flesh as mystical food.* My soul, extol Christ our God,* who gave his flesh for man’s salvation.* You are all desire. You are all delight,* word of God, son of the Virgin,* Lord, the God of gods,* you are the holiest of the holy.* For this we extol you* with her who bore you.

Communion Hymn:

“Whoever feeds on my flesh and drinks my blood remains in me, and I in him, said the Lord.”

Alleluia! Alleluia! Alleluia!